

MOTHER'S DAY 5K

Presented by Dr. Philip Mascia

SUNDAY, MAY 12, 2013

9:00 A.M. START

BROOKFIELD HIGH SCHOOL, 45 LONGMEADOW HILL ROAD

TO BENEFIT THE BROOKFIELD HIGH SCHOOL TRACK

REGISTRATION: \$20.00 BY MAY 10, \$25.00 RACE DAY

T-shirts to first 225 entrants
WALKERS WELCOME!

AWARDS:

WINNER: MALE AND FEMALE

TOP THREE: U14, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

FIRST MOTHER/DAUGHTER TEAM *& GRANDMOTHER/GRANDDAUGHTER TEAM*

FIRST MOTHER/SON TEAM* & GRANDMOTHER/GRANDSON TEAM*

*RUNNERS MUST ENTER TOGETHER AS A TEAM, PAY AS INDIVIDUALS. TEAMS ARE NOT ELIGIBLE FOR INDIVIDUAL AWARDS.

COURSE ROUTE: Start at Brookfield High School. Longmeadow Hill Road, right onto Hop Brook Road (cone turnaround) and return on Longmeadow Hill Road to Brookfield High.

DIRECTIONS:

I84 Eastbound: Exit 9, left off ramp onto Rt. 25. 4 miles through light at junction Rt. 133, bear right at Brookfield Library onto Long Meadow Hill Road, Brookfield High School on right.

I84 Westbound: Exit 9, right off ramp onto Rt. 25, then same as above.

The Mother's Day 5K is the second event in the "Four Seasons Challenge Series." The 2013 race calendar includes:

January 1, 2013 26th Annual Brookfield Lions/ James O'Brien New Year's Day Run for Sight 4-Miler

May 12, 2013 Annual Mother's Day 5K to benefit the BHS track
9:00 a.m. start at Brookfield High School

June 9, 2013 7th Annual Strides to Cure Diabetes 5-Mile Run and 3-Mile Walk
9:00 a.m. start at Cadigan Park
Contact: Mark Lyon at (203) 775-6190 or lyonpride@charter.net

October 27, 2013 22nd Annual 5K Halloween Run and Kid's K Fun Run
10:00 a.m. start at the Brookfield Municipal Center
Contact: Brookfield Parks & Recreation (203) 775-7310 or www.brookfieldct.gov/rec

Runners who register for and complete all four races in the "Four Seasons Challenge Series" will receive a commemorative gift, to be distributed during the awards ceremony at the 2013 Halloween Run.

To register by mail, make checks payable to "Town of Brookfield" and mail to:
Brookfield Parks and Recreation, "ATTN: Mother's Day 5K", P.O. Box 5106, Brookfield, CT 06804.
To register by phone with credit card call Brookfield Parks & Recreation at (203) 775-7310.

NAME_____AGE_____SEX_____

ADDRESS_____

CITY, STATE, ZIP_____

TELEPHONE_____SIGNATURE_____

EMAIL:_____

T-SHIRT SIZE_____PARENT'S SIGNATURE_____

TEAM NAMES AND CATEGORY: MD, MS, GD, GS_____